

# Preschool



## MONDAY

Beef Pork Turkey  
Chicken Vegetarian Fish

## TUESDAY

**1**  
Popcorn Chicken & Cheez  
Itz  
Seasoned Black Beans  
Bananas  
Catsup

## WEDNESDAY

**2**  
Turkey Combo Burrito  
Romaine Salad  
Grapes  
Ranch Dressing

## THURSDAY

**3**  
Green Chicken Pozole  
w/Tortilla Chips  
Shredded Cabbage  
Lemon Slices

## FRIDAY

**4**  
Mac & Cheese w/ Roll  
Romaine Salad  
Pears  
Ranch Dressing

### Creamy Curry Chicken w/Rice

Carrot Sticks  
Applesauce  
Ranch Dressing

**7**

### Italian Pasta Bake

Romaine Salad  
Bananas  
Ranch Dressing

**8**

### Chicken Tenders

BBQ Beans  
Grapes  
Ranch Dressing  
Catsup

**9**

### Turkey & Cheese Grinders

Fruit Mix  
Jicama Sticks

**10**

### 3-Bean Deluxe Nachos w/Cheese

Celery Sticks  
Sliced Apples  
Ranch Dressing

**11**

### Fish Sticks

French Fries  
Pears  
Catsup

**14**

### Cheesy Beef Meatballs w/Marinara

Romaine Salad  
Bananas  
Ranch Dressing

**15**

### Chicken Corn Dogs

Carrot Sticks  
Grapes  
Ranch Dressing

**16**

### PARENT/TEACHER

CONFERENCE

**17**

### PARENT/TEACHER

CONFERENCE

**18**

National School Lunch Week

### Walking Beef Tacos

Shredded Lettuce  
Sliced Apples

**21**

### Orange Chicken w/Chow Mein

Fresh Broccoli  
Bananas  
Ranch Dressing

**22**

### Beef Lasagna

Romaine Salad  
Grapes  
Ranch Dressing

**23**

### Cheese Pizza

Romaine Salad  
Sliced Pears  
Ranch Dressing

**24**

### Cheesy Quesadillas

Seasoned Pinto Beans  
Peaches

**25**

### Teriyaki Beef Dippers w/Rice

Fresh Broccoli  
Sliced Apples  
Ranch Dressing

**28**

### Chicken Sandwich

Seasoned Black Beans  
Bananas  
Catsup

**29**

### Green Chicken Enchilada Casserole

Romaine Salad  
Grapes  
Ranch Dressing

**30**

### Red (Turkey) Pozole w/Tortilla Chips

Shredded Cabbage  
Lemon Slices

**31**

Halloween



October 14 – 18 is National School Lunch Week! President John F. Kennedy created National School Lunch Week (NSLW) in 1962 to promote the importance of a healthy school lunch in a child's life and the impact it has inside and outside of the classroom.

